

Accompanied Spouses Guide



Goals:

Network, Network, Network

Get involved – Make Friends!

Be APART of the experience

Welcome to SOS Spouses!

Develop air and space leaders primed to prevail in competitive environments

What is SOS?

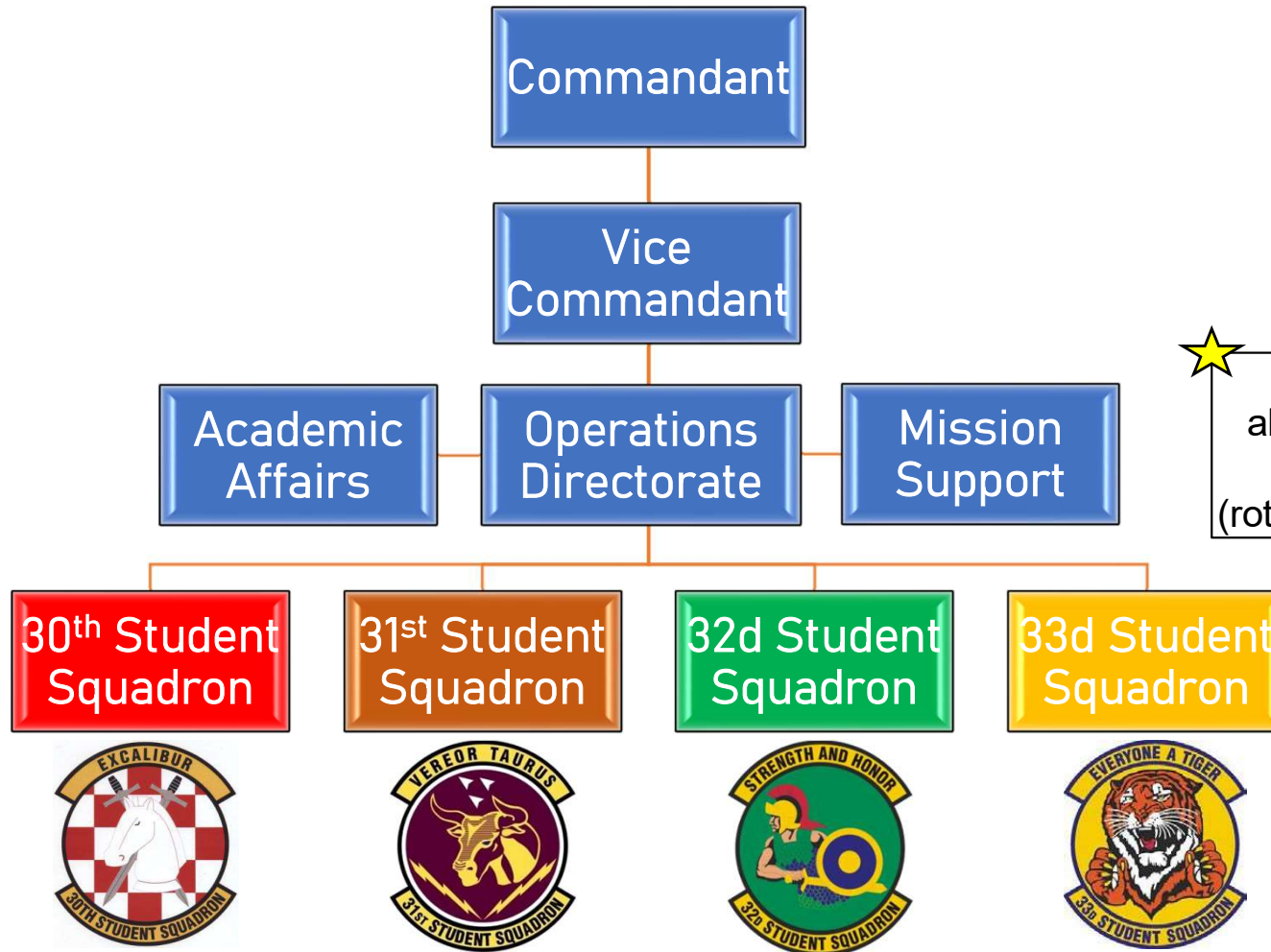


- 5-week immersive leadership and education course for DAF Captains, international officers & DoD civilians
- Mission of SOS: Develop air and space leaders primed to prevail in competitive environments
- The only time in a career where 100% of an officer's peer group attends an in-residence Professional Military Education program



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SOS Organization Chart



★ 1 Squadron is always designated an "Accompanied Sq" (rotates each SOS class) ★

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SOS Spouses Legacy



- **Spouses have been an integral part of SOS since 1950**
- **You are welcome to attend Polifka lectures**
 - Inspirational, historical, educational
 - Senior Leaders, Medal of Honor recipients, & more!
 - No small children please (you can watch in a flight room)
- **Feel like a challenge?**
 - Complete the Commandant's Challenge 5K run
- **Want to volunteer?**
 - Ask a Key Spouse via the facebook page!
- **Other base activities and local info**
 - Check out 42FSS website: <https://www.lifeatthemax.us/>
 - Check out Montgomery's Visitor page: www.montgomeryal.gov
 - Birmingham & Mobile are a short drive away!
www.informationbirmingham.com & www.cityofmobile.org



SOS Spouses Social Gathering-1959



SOS Spouses At Field Events-1959

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What You Need to Do..



- **SPONSOR** should contact Student Services

- SOS can't put you in accompanied squadron (Sq) if we don't know you're coming
- SOS **will not** move your spouse after Day 1 of class
- **NLT 14 days prior** to attending SOS contact Student Services at sos.od.studentservices@us.af.mil to request the accompanied squadron.

- **Bringing kids and/or pets?**

- Off-base or FamCamp
 - **Sponsors are required** to reserve their any off-base lodging or childcare accommodations.

- **Rules for lodging with family:**

- No kids? – you **may** get a private billeting suite (if avail)
- Children & pets NOT allowed in SOS dorms
- Contact lodging for complete details and requests
- SOS **cannot** recommend off-base lodging
- You will be reimbursed the cost of gov't quarters (\$89/day); you pay the difference out of pocket



University Inn
(334) 953-3931

Child Development Center
(334) 953-6667

****IMPORTANT NOTICE****

SOS is **NOT** an accompanied TDY. Being in the accompanied SQ is a courtesy SOS extends to our students. Being in the accompanied SQ does **NOT** guarantee childcare or lodging will be available.

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Big Events



- **Nutshell Night* – 1st week of class!!!**

- Icebreaker with other spouses!
- Meet the Commandant & SQ/CC
- Food & Beverages provided

- **FLEX (Field Leadership Exercise)**

- War planning game... w/ dodge balls
- Support your flight!
Juice boxes & orange slices always popular hits! (optional)

- **Spouses Project X***

- Spouses execute Project X
- We promise challenging obstacles & FUN!

- **Commandant's Challenge 5K run**

- **GRADUATION***

- Bring the Family!!



Spouses Project X - 2022



Nutshell Night - 2022



SOS Graduation-1959

*** = Kid-friendly OR childcare location provided**

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Activities To Do



- **Playgrounds:**
 - Freedom Park, 400 Maxwell Blvd East, Maxwell AFB
 - Pirate Park, Fam Camp, 390 March Road, Maxwell AFB
 - Kids Splash Pad, Intersection Of Spaatz St and Hodges Ave, Gunter Annex. Free
 - Pratt Park, 460 Doster Road, Prattville
 - Kids Kingdom at Village Green Park, 3199 Main St, Millbrook
 - Gold Star Park, 295 Ready St, Wetumpka
 - River Front Park (splash pad only), 355 Commerce St, Montgomery
- **Parks:**
 - Wilderness Bamboo Forest, 800 Upper Kingston Road, Prattville
 - Lanark Nature Center/Alabama Wildlife Federation, 2861 Lanark Road, Millbrook
 - Jackson Lake Goat Island, Cypress Lane, Millbrook
- **Indoor Activities:**
 - Digital Resource Center (Kids Library), 910 Schumacher Ave, MAFB
 - Maxwell Fitness Center Parents Room located in the Annex. 50 Ash St, MAFB
 - Rock & Jump Trampoline Park, 5544 Atlanta Highway, Montgomery
 - Launch Trampoline Park, 891 Boardroom Drive, Prattville
 - Museum of Fine Arts Children's Room, 1 Museum Drive, Montgomery
 - Gramma's Attic, Alabama Department of Archives, 624 Washington Ave, Montgomery
 - Armory Athletics & Gymnastics, 1018 Madison Ave, Montgomery

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Activities To Do



- **Indoor Activities:** Gayle Planetarium, 1010 Forest Ave, Montgomery
Mooseum, 201 South Bainbridge St., Montgomery
Newtopia, 3731 Malcolm Dr, Montgomery
- **Additional Activities:** Montgomery Zoo, 2301 Coliseum Drive, Montgomery
Alabama Town, 301 Columbus St, Montgomery
The Shoppes at East Chase, 7274 East Chase Pkwy, Montgomery
- **Babysitters:** Contact CDC at 334-953-6667. Post a “Sitter Needed” note at the CDC.
- **Thrift Shop:** MGOSC Thrift Shop, 10 Webster Ave, Maxwell AFB | 334-953-6407

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Seasonal Activities



- **Seasonal Activities:**

- Montgomery Whitewater, 1100 Maxwell Blvd, Montgomery, AL 36104
- Lake Martin Maxwell-Gunter Recreation Area, 350 Air Force Road, Dadeville
- Montgomery Motor Sports Park, 2600 North Belt Drive, Montgomery
- Montgomery Curb Farmers Market, 1004 Madison Ave, Montgomery
- East Chase Farmers Market, 7274 Eastchase Parkway, Montgomery
- Sweet Creek Farm Market, 85 Meriwether Road, Pike Road
- Sugar Hill Farm (strawberry picking), 3358 County Road 59, Verbena
- Peach Park, 2300 South 7th Street, Clanton
- Barber Berry Farm (blueberry picking), 2362 Alabama River Parkway, Millbrook
- Penton Farms (pumpkin patch), 3595 County Road 59, Verbena
- Dream Field Farms (pumpkin patch), 6376 US-82, Fitzpatrick
- Cornfield County Farms (pumpkin patch), 214 South Redland Road, Wetumpka
- Oakview Farms, 164 Dewberry Trail, Wetumpka

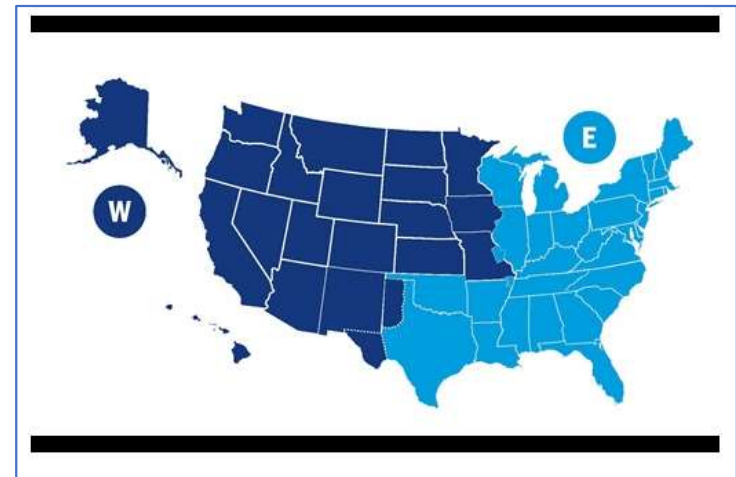


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Medical Care



- If TDY or PCS/Enroute from outside the TRICARE EAST region, not eligible for care at Maxwell Clinic
- **Emergency Care (Life, Limb, Eyesight)** is always covered
 - Go to nearest Emergency Room
- **Urgent Care (downtown)** is the best short term option
 - # of visits now unlimited
 - Prior-PCM authorization for care NOT required
- **TRICARE EAST**
 - 1-800-444-5445
- **Nurse Advice Line**
 - 1-800-TRICARE (874-2273), Option 1
 - 24/7 Coverage



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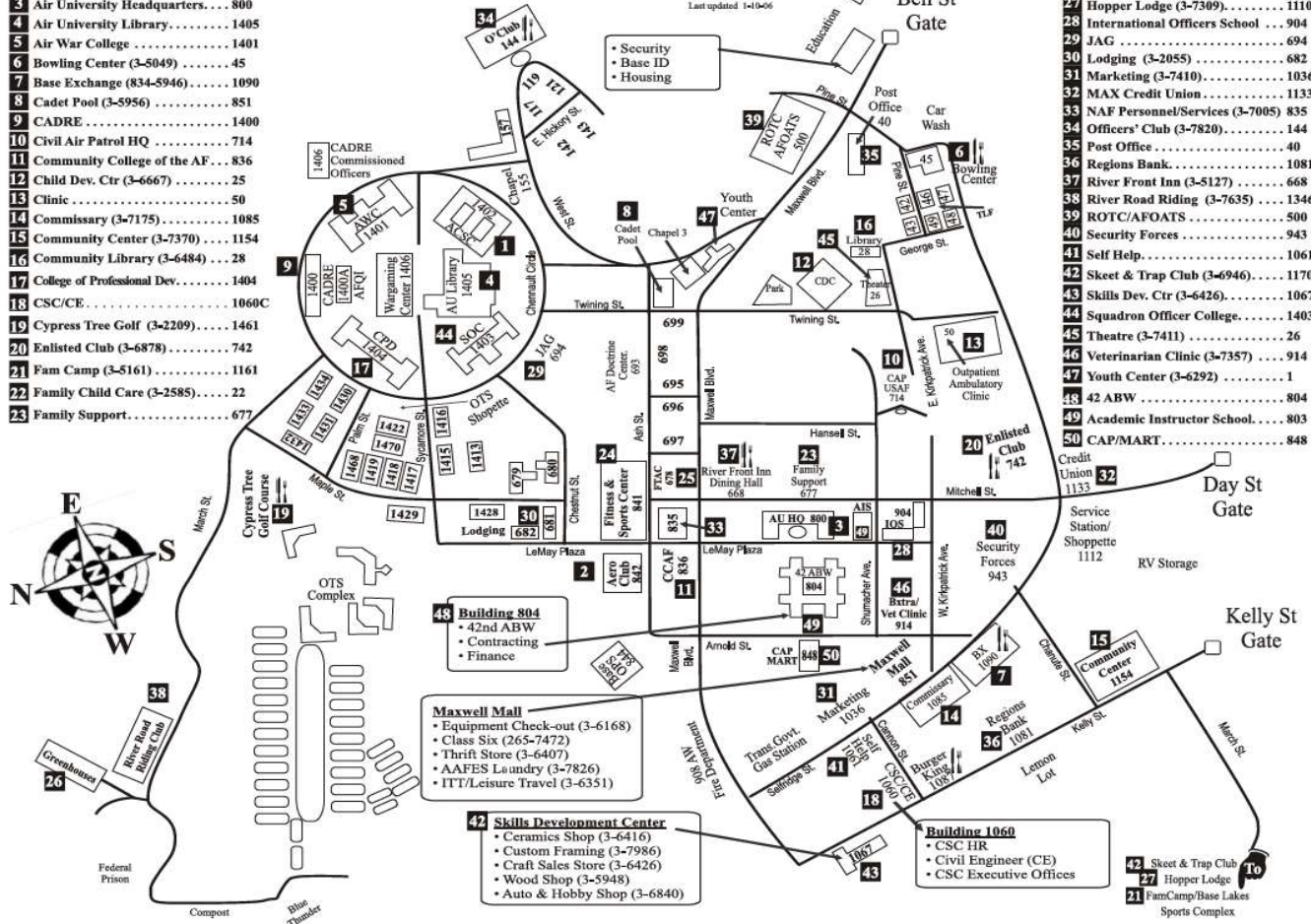
Maxwell AFB Base Map



- 1 Air Command & Staff College ... 1402
- 2 Aero Club (3-7342)..... 842
- 3 Air University Headquarters..... 800
- 4 Air University Library..... 1405
- 5 Air War College 1401
- 6 Bowling Center (3-5049) 45
- 7 Base Exchange (834-5946)..... 1090
- 8 Cadet Pool (3-5956) 851
- 9 CADRE 1400
- 10 Civil Air Patrol HQ 714
- 11 Community College of the AF... 836
- 12 Child Dev. Ctr (3-6667) 25
- 13 Clinic 50
- 14 Commissary (3-7175)..... 1085
- 15 Community Center (3-7370) 1154
- 16 Community Library (3-6484) 28
- 17 College of Professional Dev..... 1404
- 18 CSC/CE 1060C
- 19 Cypress Tree Golf (3-2209)..... 1461
- 20 Enlisted Club (3-6878) 742
- 21 Fam Camp (3-5161) 1161
- 22 Family Child Care (3-2585)..... 22
- 23 Family Support..... 677

Maxwell AFB-Services

Last updated 1-10-06



- 24 Fitness & Sports Ctr (3-5953) ... 841
- 25 FTAC 678
- 26 Greenhouses (3-8986) 1305
- 27 Hopper Lodge (3-7309)..... 1110
- 28 International Officers School ... 904
- 29 JAG 694
- 30 Lodging (3-2055) 682
- 31 Marketing (3-7410) 1036
- 32 MAX Credit Union 1133
- 33 NAF Personnel/Services (3-7005) 835
- 34 Officers' Club (3-7820)..... 144
- 35 Post Office 40
- 36 Regions Bank 1081
- 37 River Front Inn (3-5127) 668
- 38 River Road Riding (3-7635) ... 1346
- 39 ROTC/AFOATS 500
- 40 Security Forces 943
- 41 Self Help..... 1061
- 42 Skeet & Trap Club (3-6946)..... 1170
- 43 Skills Dev. Ctr (3-6426)..... 1067
- 44 Squadron Officer College..... 1403
- 45 Theatre (3-7411) 26
- 46 Veterinarian Clinic (3-7357) ... 914
- 47 Youth Center (3-6292) 1
- 48 42 ABW 804
- 49 Academic Instructor School..... 803
- 50 CAP/MART..... 848



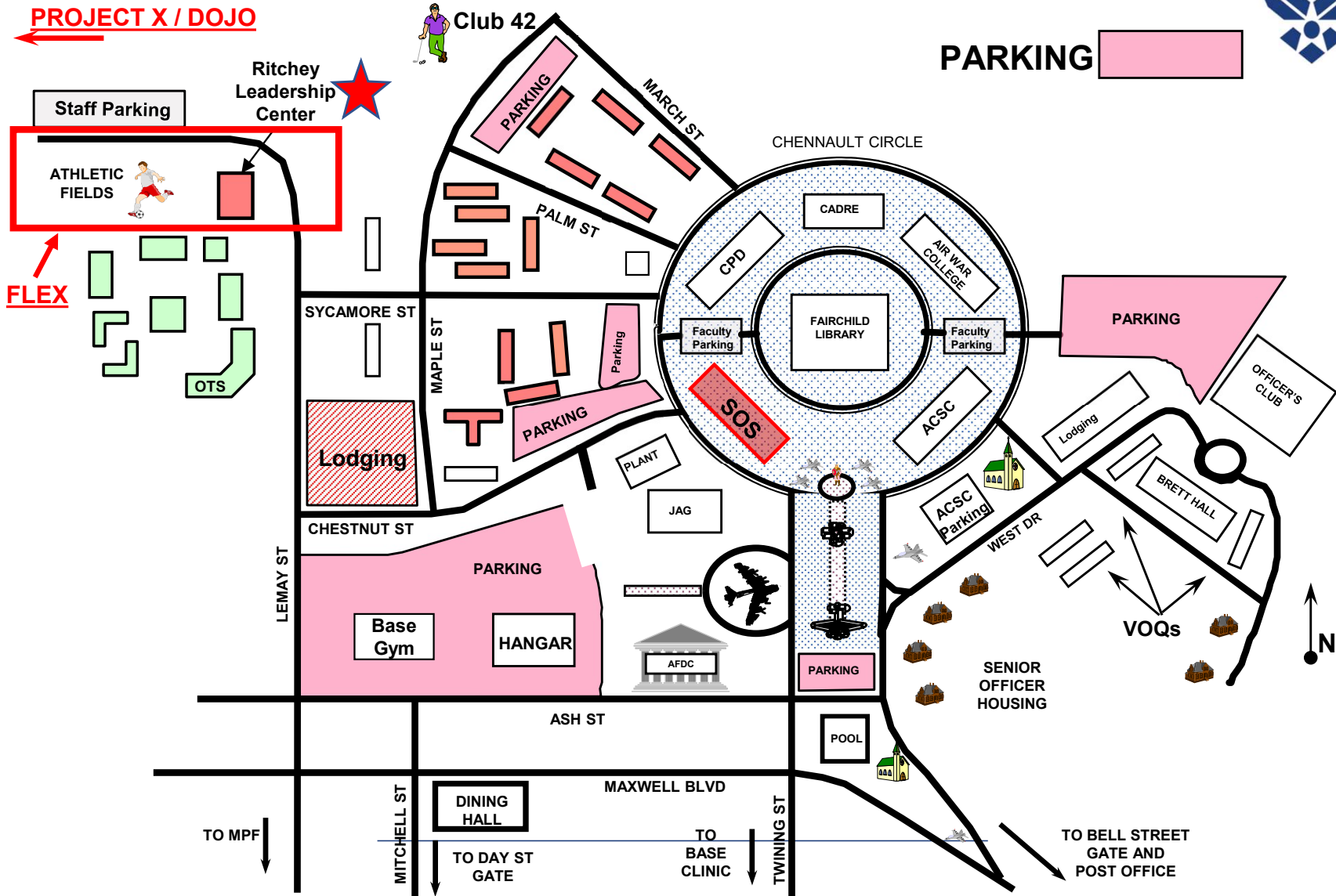
ONE Click Away!

Up-To-Date information regarding Services events, calendars, special events and much more!

42nd Services Division web site
www.services.maxwell.af.mil

Services Hotline
 953-5461

Academic Circle Map



Evacuation Assembly Areas Outdoors



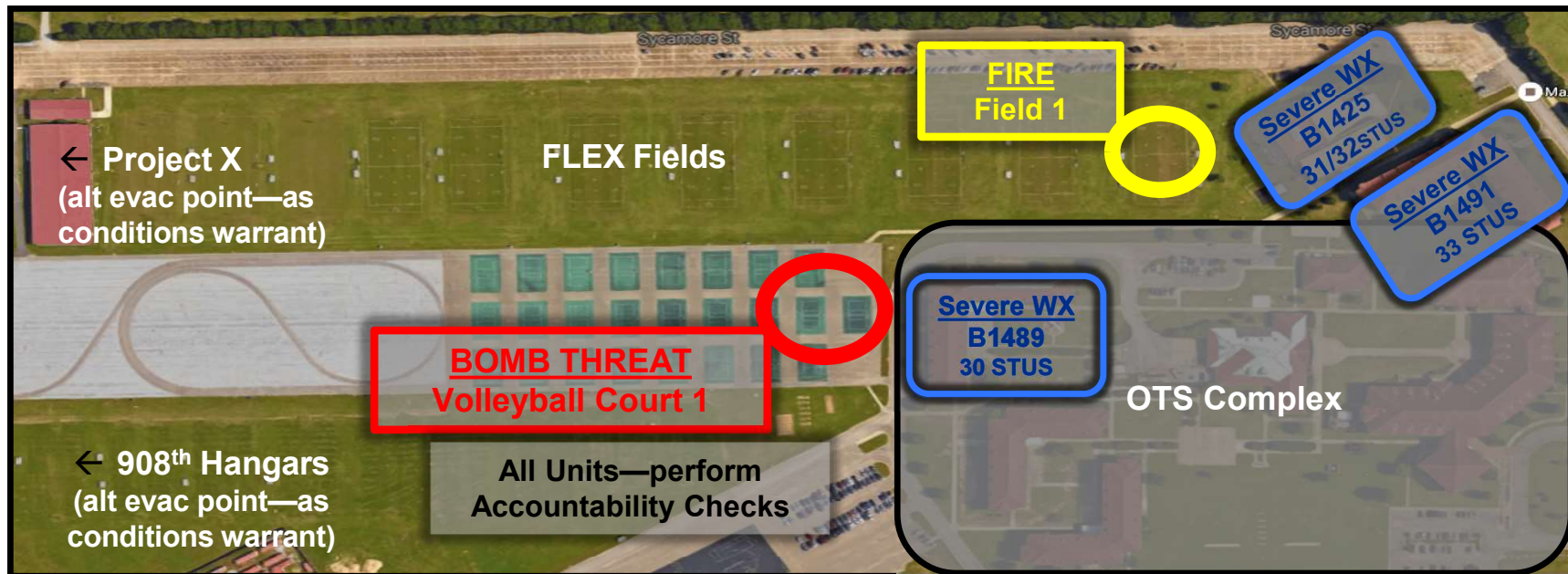
Active Shooter – RC radios SQ/CCs

If shooter is.....

- Near—take cover wherever able
- Not in vicinity—go to SOS dorms
- Location unknown—go to SOS dorms

Shelter-In-Place (SIP) – RC radios SQ/CCs

- Near—move crosswind/upwind of threat
- Not in vicinity—recover to **Polifka**



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Incident Plan – Indoors



- **Active Shooter – “Lockdown” (x3) or AtHoc**

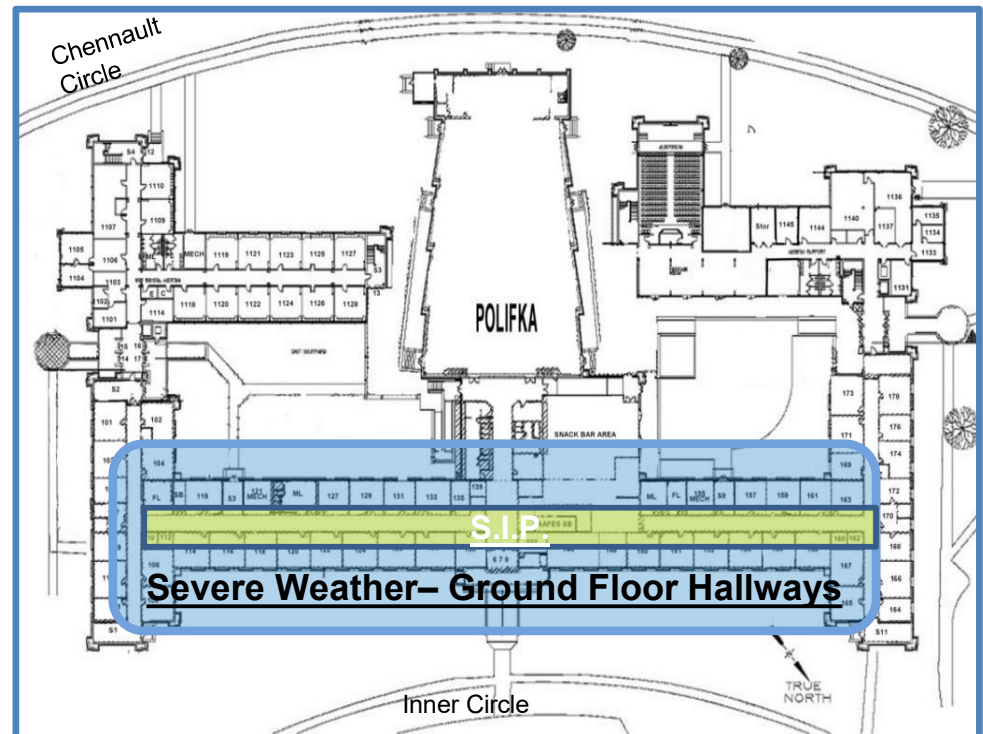
- Move to secure location
 - Secure door, limit noise/movement, lights off, close blinds
- **DON'T** pull fire alarm
- **DON'T** use phones unless you hear gunfire
- Get accountability
- Wait until “All Clear” given

- **Shelter-In-Place (S.I.P.)**

- Your squadron **Hallway**
- Cover vents & doors w/ plastic & duct tape
- Place wet towels on door thresholds
- Perform accountability checks

- **Severe Weather**

- **Ground Floor Hallways**



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Maxwell AFB

Phone Numbers of Interest



- Airman & Family Readiness Center: 334-953-2353
Auto Shop: 334-953-6840
Child Development Center: 334-953-6667
Digital Resource Center, mini kids library & free computers: 334-953-6484
- Education: 334-953-5959
- Fam Camp, including canoe & kayak rental: 334-953-5161
Family Child Care (CDC): 334-953-2585
Fitness & Sports Center: 334-953-5953
Information, Tickets & Tours (ITT): 334-953-6351
Lodging Office: 334-953-2055
Maxwell Club: 334-953-7820
- MPS: 334-953-6487
- Outdoor Recreation & Equipment Checkout: 334-953-6144
Pool, outdoor seasonal: 334-953-5956
Range 42: 334-953-2209
- River Front Inn, dining facility, must be accompanied by AD member: 334-953-5127
Youth Center Programs: 334-953-6292
- Military One Source Non-Medical Counseling: 1-800-342-9647

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Please Follow us on



“Squadron Officer School”

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